

Prevent the spread of COVID-19 variants during travel

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COVID-19 variants spread more easily and quickly and may make you very sick. Vaccines, treatments, or immunity from a prior COVID-19 infection may not be as effective against some variants, so slowing the spread of these variants in the community is very important.



Until you are fully vaccinated, do not travel internationally and delay travel within the United States.

Do not travel if:

- You have been close to someone with COVID-19.
- You are sick.
- You are waiting for results of a COVID-19 test.

Help prevent the spread of COVID-19 by delaying travel until you are fully vaccinated. However, if you must travel and are not vaccinated, follow public health recommendations below.

Before you travel: Get tested 1-3 days before you travel. If traveling internationally, check with your airline and final destination to see how much time in advance you will need to take your test.

Before returning to the United States: A negative test must be shown no more than one day (24 hours) before returning to the United States.

Test results generally come back between 24-72 hours, but can sometimes take longer. Make sure to leave enough time between getting tested and getting your test results back. Some testing locations may be able to get your test results to you faster, call ahead first to check.

[Find Testing Locations \(mn.gov/covid19/get-tested/testing-locations/index.jsp\)](https://mn.gov/covid19/get-tested/testing-locations/index.jsp) in Minnesota.

Slow the spread during travel.

Every time you travel, you can spread COVID-19 variants to your community when you return. **If you travel, wear a mask, wash your hands a lot, and stay 6 feet away from others. Do not travel if you feel sick.**

Get tested 3-5 days after returning from travel.

You can visit a no-cost testing site, a clinic or hospital, or order an at-home test kit. Find testing options at [COVID-19 Testing \(www.health.state.mn.us/diseases/coronavirus/testsites/index.html\)](http://www.health.state.mn.us/diseases/coronavirus/testsites/index.html).

Stay home and away from others after travel.

You should quarantine for 7 days even if you have a negative test at 3-5 days and no symptoms. Quarantine for 10 days if you do not get tested. Continue to monitor for symptoms for 14 days.

Get vaccinated.

Find [Vaccine Locations \(mn.gov/covid19/vaccine/find-vaccine/locations/index.jsp\)](http://mn.gov/covid19/vaccine/find-vaccine/locations/index.jsp) and sign up or walk-in!



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