

## **OUR TURNING POINT**

Meeting the needs of our community. beginning with chemical health.

#### Turning Point, Inc.

Volume 10, Issue 1 April 2019

SUPPORT SERVICES | HOUSING CHEMICAL HEALTH | TRAINING

### Greetings from Our



Dr. Peter Hayden **President & CEO** 

### What's In Your Wallet?

I was recently doing some spring cleaning at my house and I came across an old wallet of mine from 1976. In it I found a library card, a blood donor card, a picture of my son, my University of Minnesota ID card, my work ID. I also found mν membership the in treatment program I was in; this was my first year of sobriety. Looking at these things made me think about my life. I realized that the

things this old wallet

# **Finding Your Place**

by Elizabeth Reed, Chief Operating Officer

Recently I found an old poster we made in 2005 with information on HIV and the importance of getting tested. The title on the poster was "Even if you don't see, hear or talk about HIV/AIDS, you need to be tested."

After reading the poster, I found myself thinking about our community and how we all have the power to see, hear and talk about what needs to be done to improve our community.



Even if you don't SEE the hardships people face every day while living in poverty.

Do you think to yourself, what can I do to make a difference?

Even if you don't HEAR the babies crying because they are hungry and their parent or parents are too "high" to give them proper care.

Do you think to yourself, what can I do to make a difference?

Even if you don't TALK about how to improve the high school graduation rate.

Do you think to yourself, what can I do to make a difference?

Based on community needs assessments conducted by state and local government and service providers, we know the needs of the community. Now it's up to each of us to do our part to address those needs. Nonprofit organizations take that data, along with what we observe and hear directly from the community, and build our programs around those needs. However, we cannot do that alone. We need each of you to help us. If you want to help make a difference, here are a few suggestions.

- Make a commitment—If you believe babies are crying because they are hungry, go to a food shelter and give food.
- Challenge yourself-Volunteer your time riding on a school bus and talk to the students.
- Be on a nonprofit board that works with people who are living in poverty and make sure their mission aligns with your passion.

Always remember: we are not human beings learning to be spiritual and giving; we are spiritual and giving beings learning to be human. Turning Point saves lives, "one life at a time."

### **MISSION**

VISION

**SERVICE** 

### **Culturally Based Training**

Turning Point offers cultural training opportunities with the educational philosophy that "one size does not fit

Our trainings are individualized based on the specific needs and barriers of each student group, with topics such as communication, compassion fatigue and avoiding unintentional rac-

For more information or to schedule a training consultation, please contact:

#### Elizabeth Reed

**Chief Operating Officer** elizabeth.reed@ ourturningpoint.org 612-520-4004

### Resources

#### Inpatient Treatment or **Outpatient Treatment**

If you are seeking substance use disorder treatment, call Substance Use Disorder Division Director Greg Jones at 612-520-9181

#### Housing

If you are seeking housing, call Housing Division Director Elizabeth Reed at 612-520-4004.

### Aftercare

If you are seeking continued support in recovery, there is a weekly support meeting at Turning Point Fridays at 7 p.m. in room 142.

# **Turning Point 7th Annual Honors Gala**



The Visitation Sisters of Minneapolis, fondly known as "the Nuns in the Hood," have been a vital part of the Turning Point family for more than twenty years. At this year's Honors Gala, we were privileged to honor these generous and compassionate women not only for all they have done for Turning Point staff and clients, but for the whole community. They distribute clothing, school supplies. Easter baskets, Thanksgiving packages, Christmas gifts—and they are available for comfort, support and prayer every day. They are our Persons of the Year!

Photos by Walter Marmillion



Greg Jones has been on the staff since 1992. He has filled many positions in the chemical health area and now is the Director of the Substance Use Disorder Division. He is committed to Turning Point and has been an important part of our success. He is our Employee of the Year.



David Ellis is a Turning Point alumnus who has gone on to great success. He founded both Studio-4 and the Hiah School for Recording Arts, working with youth to in the engage educational process while pursuing careers in music. He is our Client of the Year.

# Celebrating with the Turning Point Village

#### by Alex Tittle, Board Member, **Development Committee**

Turning Point just celebrated our 7<sup>th</sup> Annual Honor's Gala, which the Development Committee been preparing for since last April! We understand the important work that goes into preparing for such an important event that highlights the many accomplishments of our beloved organization.

In addition to raising funds for the Honors Gala, I was honored and privileged to be the emcee of this

vear's event. With committed partners such as the City of Minneapolis, North Memorial Medical Center. Christensen Group. Morrie's Automotive Group and the Minnesota Vikings, we are welcoming new partners such as Local 512 (Iron Workers Union), Abundant Office Solutions and MAG Mechanical. Partnership means a lot to us at Turning Point and we take each of them seriously as they are the lifeblood of our very existence. In fact, the support we receive from each staff partner and cornerstone of our innate ability

Alex Tittle **Disparity Reduction** Director at Hennepin County

Chair, Turning Point **Board Development** Committee



to continue doing the work that God has blessed us to do for over vears. This year, acknowledged the Visitation Sisters of Minneapolis (Persons of the Year), Greg Jones (Employee of the Year) and David Ellis (Client of the Year).

## Celebrating with the Village—continued

In the true essence of support. "it takes a village" and the work that our Persons of the Year do is nothing short of true advocacy and support of Turning Point. For over twenty the Sisters vears. partnered with Turning Point, caring for our clients, staff members and their families in countless ways. We are thrilled to honor them for all they do for Turning Point as well as our community abroad. The reason we do what we do is our clients.

I have personally seen the affect that Turning Point has made in the lives of people we touched, and this year we including Dave Nimmer on the program introducing Sisters. He has worked with them for years, and has a great appreciation for their mission and ministry. Dave is a retired media professional his continues to provide

expertise around magazine. David Ellis, this year's client of the year, is a part of our village. He shared some of his rocky journey when he was at Turning Point, and how he now values the experience. He has gone on to great success, founding the High School for Recording art and Studio-4. Lastly, the village is not complete Turning without our Point emplovees. Our Director of Substance Use Disorder Division, Greg Jones is this year's Employee of the Year. Chemical abuse is the core nature of the work we do here and it would not be successful without the leadership provided by Greg, a 26-year veteran of Turning Point.

The village is critical and we recognize these folks, but also realize that our entire network is key! Every board member, leader, staff member, partner and client make us the most unique and impactful program in the entire



Sister Karen Mohan accepts the Person of the Year Award on behalf of the Visitation Sisters.

Photo by Walter Marmillion

region. We are thankful for the support and energy and have every intention to build upon this every day! Continue to support the growth of Turning Point and we appreciate all those who were able to share our celebration with community on April 5, 2019. We look forward to seeing old friends new at the 2020 celebration - the 8th Annual Turning Point Honors Gala!

# Greetings from the President—continued

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represent the foundation I have built my life on - work, family and recovery.

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That led me to look at my wallet today. In it I found a picture of my family, a larger group than it was before. There is still a blood donor card. What is in my wallet now that wasn't in the old one includes a driver's license and credit cards. I also have business cards showing I'm the founder and president of a treatment program that helps people the way that other treatment center helped me.

That old wallet showed me every opportunity I had to be a better person. I helped other people then in ways I could, I was pursuing my education, I was working. It was about my own potential. My current wallet shows some of the ways I have filled that potential. I still help others where I can, I completed my PhD, and I'm still working. I also live my recovery every day. Many of those things that I achieved for myself, I was then able to pass on to others.

So if you were to open your wallet right now, what would you find there? Consider those items it: will they help you? Will they encourage others? Will they benefit your community? Will the benefit the next generation?

I'm glad I never threw that old wallet away. It's valuable to look back on where you've been. There's always something to be said about your past and how it

### **Our Turning Point**

Turning Point, Inc. 1500 Golden Valley Road Minneapolis, MN 55411

Phone: 612-520-4004 Fax: 612-520-0047 E-mail: info@ourturningpoint.org www.ourturningpoint.org Facebook: Turning Point, Inc.

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# **Turning Point Offers Congratulations**



Minnesota Attorney General Keith Ellison

Photo by Walter Marmillion

Keith Ellison, 2018 Person of the Year Honoree, attended 7th Annual the Honors Gala to this year's present award to the Visitation Sisters of 2019 Minneapolis, Persons of the year.

Turning Point extends congratulations to him in his new position Minnesota's Attorney General.



L to R: Former Mayor Sharon Sayles Belton, 2017 Person of the Year; Dr. Peter Hayden, President & Founder of Turning Point; then-US Representative Keith Ellison, 2018 Person of the Year; Elizabeth Reed, Chief Operating Officer of Turning Point

Photo by Walter Marmillion