

Division Provides Support through Service

by Angela Reed, Support Services Director

Recovery is a process of change through which individuals improve their health and wellness, live self-directed lives, and strive to reach their full potential. Recovery is built on access to evidence-based clinical treatment and recovery support services tailored to meet client needs.

SAMHSA has delineated four major dimensions that support a life in recovery:

- **Health**—overcoming or managing one’s disease(s) or symptoms—for example, abstaining from use of alcohol, illicit drugs, and non-prescribed medications if one has an addiction problem—and, for everyone in recovery, making informed, healthy choices that support physical and emotional well-being.
- **Home**—having a stable and safe place to live.
- **Purpose**—conducting meaningful daily activities, such as a job, school, volunteerism, family caretaking, or creative endeavors, and the independence, income, and resources to participate in society.
- **Community**—having relationships and social networks that provide support, friendship, love, and hope.

Support services help people with substance use

disorders manage their conditions successfully. Today, when individuals with substance use disorders seek help from Turning Point, they are met with the knowledge and belief that they can recover and manage their conditions successfully. A person’s recovery is built on his or her strengths, talents, coping abilities, resources, and inherent values. As a holistic approach agency we address the whole person and their community.

Recovery occurs via many pathways. Because setbacks are a natural part of life, Turning Point offers a highly individualized process where support services are flexible.

The incorporation of a full range of social, legal, and other services that facilitate recovery, wellness, and linkage to and coordination among service providers, and other supports is shown to improve quality of life for people in and seeking recovery and their families.

Individuals, families, and communities that have experienced social and economic disadvantages are more likely to face greater obstacles to overall health.

Turning Point is committed to addressing these health disparities by providing culturally and linguistically appropriate prevention, treatment, and recovery support programs.

Board News: Turning Point Increases Financial Health



by Aaron Velick
Board of Directors,
Treasurer

Our Chairman of the Board Harold Mezile always reminds us “no money, no mission,” and I am here to report that we can independently continue on our mission. This statement has been a driving force behind many of the long-term and short-term decisions we make on the Finance Committee.

As we celebrate 40 years of Turning Point, I think it is important to realize that Peter Hayden made a decision to run it as a business a long time ago. This decision was not made out of greed, but rather the ability to provide

the services he believed would make a difference for the community we serve.

While Turning Point originally started as a chemical health organization, we have diversified and now we are able to offer housing, supportive services and training. Through all of the growth we have been able to keep our mission laser-focused on culturally specific solutions for the needs of the community.

As the Chairman of the Finance committee I am proud to report that our financial position remains strong. We have been able to continue to retire long-term debt and meet all of the short-term financial goals that we have set. None of this would have

been possible without the commitment of the staff on a daily basis.

Over the last several months we have gone through a yearly financial audit to confirm and certify all of our financial progress. I have been presented with the draft of the audit and have reviewed it. The formal report will be presented to the Board of Directors during the July meeting. I am sure the Board will concur that financially we are on the right track.

It is very fitting that as we celebrate 40 years of Turning Point we are in a great position to carry on our mission for a long time to come.